



El complejo de Cenicienta: El miedo de las mujeres a la independencia (Spanish Edition)

Colette Dowling

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Una obra incisiva, e indudablemente polémica, que ofrece a las mujeres las herramientas necesarias para que tomen en sus manos el camino de la verdadera independencia.

Hace algunos años, Colette Dowling, escritora norteamericana de éxito y madre de tres adolescentes, descubrió algo que hizo tambalear el concepto que tenía de sí misma: quería simplemente que alguien cuidara de ella, la mimara y la hiciera sentirse segura. Luego descubrió con sorpresa que ese mismo deseo lo compartían miles y miles de mujeres, incluso aquellas que parecían haberse liberado tras superar muchos tabúes.

Es este complejo de inferioridad el que la autora denomina «complejo de Cenicienta»: la creencia de muchas mujeres de que el «Príncipe azul» existe realmente, de que siempre habrá alguien más fuerte para apoyarlas, protegerlas, y tomar por ellas las decisiones más importantes.

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